

Testimonials

See Why Patients Choose Us



Matteo

Matteo, 56, has diabetes and end-stage renal disease on dialysis. After missing appointments due to extreme fatigue, his Upperline **nurse practitioner** checked in and discovered his dialysis prescription hadn't been updated after starting GLP-1 medications and significant weight loss. The outdated treatment was causing severe dehydration. Once corrected, Matteo's symptoms quickly resolved, and he regained his energy.



Mei

Mei, 75, was feeling down and isolated after her husband passed away. Her Upperline Plus **nurse** connected her with the Upperline Plus **licensed clinical social worker** who meets with Mei weekly by phone to work through her grief and depression. Having someone to talk to has lifted her spirits, and Mei reports feeling less alone.



Jim

Jim, 64, developed pain, fever, and dangerously low blood sugar after surgery. His Upperline **nurse practitioner** treated his symptoms at home, educated him on taking his diabetes medication safely, and connected him with a **dietician** and **nutritionist** for ongoing support and meal planning. With their help, Jim avoided hospitalization and continued his recovery at home.

Testimonials continued



Rose

Rose, 68, a retired nurse with a limited income, was at risk of losing her housing and felt overwhelmed. Her Upperline Plus **social worker** helped her find an affordable apartment close to her doctors and continues to support her with monthly budgeting so she can cover food and medications. This stability has allowed Rose to better manage her chronic conditions with her care team.



Calvin

Calvin, 70, wanted to start eating healthier to manage his pre-diabetes but wasn't sure where to begin. His **nurse practitioner** connected him with an Upperline Plus **dietician**, who gave him easy meal ideas and routinely checks in with him to help plan his weekly grocery shopping. Calvin now feels confident making healthy choices every day.



Erica

Erica, 66, had questions about whether her new over-the-counter supplement was safe to take with her prescriptions. She called the Upperline Plus support line and spoke with the Upperline Plus **pharmacist** who reviewed her medications and confirmed it was safe. Erica felt reassured and appreciated having quick, professional advice just a phone call away.

**Patient images are for illustrative purposes only and do not depict actual Upperline Plus patients, in order to protect privacy.*